

# October 2026 When the world is out to get you

**Week 1: 7/10/2026**

**Theme: Going somewhere cold?**

**Chair: Emma Williams**

| Time          | Hot Topics                                                                                                                                                                                                                                                                                                                                                                        | Speaker                              |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| 10:00 – 12:00 | <b>Morbidity &amp; Mortality Meeting &amp; Local Audits</b>                                                                                                                                                                                                                                                                                                                       | <b>Herman Chui,<br/>Monique Keet</b> |
| 12:15 – 13:00 | <b>Department Update and Break</b>                                                                                                                                                                                                                                                                                                                                                | <b>Gaby/Jon</b>                      |
| 13:30 – 14:15 | Brrrrrrrrrr that's cold! - <b>Hypothermia</b> <ul style="list-style-type: none"><li>- Grading</li><li>- Checking core temperature</li><li>- Management</li><li>- Effect on medications</li><li>- ECG changes and common arrhythmias</li><li>- Effect on defibrillation</li><li>- Avalanche recovery and prognosis</li><li>- Warming strategies – from hugs to ECMO</li></ul>      | <b>Sanuri<br/>Pandikorala</b>        |
| 14:15 – 15:00 | <b>Drowning</b> – It doesn't matter how good a swimmer you are <ul style="list-style-type: none"><li>- Grading, Medical vs traumatic causes</li><li>- Prognostication – submersion vs Immersion</li><li>- Does it matter what you drown in?</li><li>- Shallow vs deep water blackouts – what's more common and why</li><li>- Management issues, Pool laws and reporting</li></ul> | <b>Chris Webb</b>                    |

# October 2026 When the world is out to get you

Week 2: 14/10/2026

Theme: O&G

Chair: Dawn Chan

|                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What are we doing?</b><br>Obstetric and Gynaecological Emergencies <ul style="list-style-type: none"><li>- Joint session with Midwives</li></ul><br>How to care for the really unwell O&G patient <ul style="list-style-type: none"><li>- Skills stations</li><li>- Simulation</li></ul> | <b>Why are we doing it?</b><br><u>Medical Expertise</u><br>2.3 Resuscitation Medicine<br>3.23 Procedures in EM <ul style="list-style-type: none"><li>• Airway</li><li>• Breathing</li><li>• Circulation</li><li>• Fluids</li><li>• Ultrasound</li><li>• Environmental</li></ul> <u>Communication</u><br>1. Principles of effective communication <ul style="list-style-type: none"><li>• TS1 1.2, 1.4, 1.5</li><li>• TS2 2.1, 2.2</li><li>• TS3 3.1</li><li>• TS4 4.1-4.5</li></ul> | <u>Teamwork and Collaboration</u> <ul style="list-style-type: none"><li>• TS1 1.1-1.7, 1.11-1.15</li><li>• TS2 2.1-2.13</li><li>• TS3 3.1-3.22</li><li>• TS4 4.1-4.15</li></ul> <u>Leadership and Management</u> <ul style="list-style-type: none"><li>• TS1 1.1-1.4</li><li>• TS2 2.1-2.3</li><li>• TS3 3.4-3.5</li><li>• TS4 4.1-4.3</li></ul> |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

# October 2026 When the world is out to get you

**Week 3: 21/10/2026**

**Theme: Hypersensitivity Reactions**

**Chair: Abrar Waliuddin**

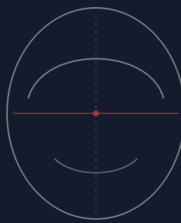
| Time          | Hot Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Speaker                               |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 10:00 – 11:30 | <b>Fisher &amp; Paykel Hi-Flow Education session</b> <ul style="list-style-type: none"> <li>- Hands on session using in different patient scenarios</li> <li>- How to trouble shoot</li> </ul>                                                                                                                                                                                                                                                                                                                                                         | <b>Fisher &amp; Paykel</b>            |
| 11:30 – 12:15 | <b>Anaphylaxis</b> – Yep it's still killing people, so lets nail this! <ul style="list-style-type: none"> <li>- Is this anaphylaxis? Diagnostic criteria</li> <li>- Can't I just use a blood test to diagnose it? The role of tryptase levels</li> <li>- Common Causative agents, Remove the source!!!</li> <li>- Management algorithms (review PH protocol, AMAX4 revisited)</li> <li>- Adrenaline prefilled auto-injectors demonstration and education</li> <li>- Mandatory Reporting, Where should they go and when? Disposition from ED</li> </ul> | <b>Beulah Fenton</b>                  |
| 12:15 – 12:30 | <b>Department Update and Break</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Gaby/Jon</b>                       |
| 13:00 – 14:00 | <b>Radiology Education</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Radiologist – Richard Woodford</b> |
| 14:00 – 14:30 | <b>Angioedema</b> - When it looks like anaphylaxis but adrenaline doesn't always work <ul style="list-style-type: none"> <li>- What does it look like and how to diagnose? Types and causes</li> <li>- Specific management strategies + Airway in severe cases</li> </ul>                                                                                                                                                                                                                                                                              | <b>Thomas Moncrieff</b>               |
| 14:30 – 15:00 | <b>Serum Sickness</b> <ul style="list-style-type: none"> <li>- Who gets this and what is the risk? Well how do I know they have it?</li> <li>- Can I prevent this? How do I treat it?</li> </ul>                                                                                                                                                                                                                                                                                                                                                       | <b>Abrar</b>                          |

# October 2026 When the world is out to get you

Week 5: 28/10/2026

Theme: Paediatric Teaching Day

Chair: Chloe Baxter

| Time          | Hot Topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Speaker |
|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 10:00 – 15:00 | <div><p>Emergency Medicine Teaching Day</p><p><b>Wednesday</b><br/><b>28</b><br/>October</p><p>Who it's for<br/>ED Registrars</p><h2>Trauma &amp; Head Injury</h2><p>A paediatric-focused teaching day combining hands-on simulation with structured theory, run for ED registrars.</p><p>Programme</p><div><div>10:00 – 12:30 Simulation</div><div>Sims</div></div><div><div>13:00 – 15:00 Theory</div><div>Lecture</div></div><p><b>Peninsula Health</b><br/>Emergency Medicine Education</p><p>Details &amp; registration via your usual training roster</p></div> |         |